

## MOLAP

**MOLAP** is staffed by a licensed mental health professional with experience in addiction and mental health treatment.

**MOLAP** does NOT report to the Disciplinary Counsel's Office, nor to the Board of Law Examiners, nor to other staff of The Missouri Bar.

*Confidentiality consistent with professional licensing standards is provided to all callers.*

There are no fees for **MOLAP** services. **MOLAP** is funded from the general revenue of The Missouri Bar, with substantial support from The Bar Plan Insurance Company.

If concerns are urgent, the **MOLAP** Director is available and accessible after normal business hours by cell phone. A call to 800-688-7859 will provide you the contact information.



*A Service of The Missouri Bar*

*The Missouri Bar  
Lawyers' Assistance Program*

326 Monroe Street  
P.O. Box 119  
Jefferson City, MO 65102

Phone: 800-688-7859  
Fax: 573-635-4417  
E-mail: [achambers@mobar.org](mailto:achambers@mobar.org)

*The Missouri Bar  
Missouri Lawyers Assistance Program*



Confidential Services To:  
Lawyers, Judges, Law Students  
and Their Families.

**Toll Free: 800-688-7859**

*"Always Free and  
Always Confidential"*



**"Help Starts Here"**

## **MOLAP Offers...**



- Assessment
- Counseling
  - \* By Phone
  - \* In Person
- Referral
- Connection to lawyer volunteers

If personal issues are interfering with your success, **MOLAP** stands ready to help.

### **MOLAP deals with:**

- Alcohol and other drugs
- Depression
- Relationship problems
- Mental health issues
- Family conflict
- Gambling problems
- Financial concerns



**Now is the time  
to make things better.**

### **Your First Call:**

**800-688-7859**

**"Some of the toughest  
battles are not in court"**



## **Signs of Trouble**



- Discipline complaints
- Declining number or quality of clients
- Sleep disturbances
- Unwelcome weight changes
- Unwarranted feelings of guilt
- Drop in productivity
- Drinking too much too often
- Mistakes on familiar or routine matters
- Isolation
- Irritability
- Chronic sadness

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