

HOW TO: Access Transportation



Transportation in Missouri

While there is no single provider or service for every transportation need in Missouri, opportunities for free or low fare transportation are available in select counties and towns throughout the state.

Use <https://morides.org/> or <https://ridesinsight.org/> to find and compare transportation options in your area.

A transportation map for rural Missouri with contact information by county can be found at <https://www.modot.org/missouri-rural-transit-map>

OATS Transit

OATS Transit is a non-profit that provides low fare transportation in 87 Missouri counties. View a list of bus routes, schedules, and services at <https://www.oatstransit.org/schedules> or call 888-875-6287 for assistance. Be aware that scheduling requirements, route availability, and fares vary widely by county. Many rides must be scheduled in advance.

Note that if applicable, fares for OATS Transit must be paid when making the ride request. Payments can be made over the phone or by mail.

Southeast Missouri Transportation Service

SMTS is similar to OATS in the Southeast region of Missouri. It provides low-fare transportation options for many counties in this region. Rides need to be scheduled up to 2 days in advance depending on the route being scheduled.

See <https://ridesmts.org/service-area/> for a full map of their service area along with schedules, fares, routes, scheduling contact information, and other information by county or call 1-800-273-0646 or 573-783-5505 for more information.

SMTS instructs anyone who is Medicaid-qualified to call Logisticare at 1-866-269-5927 when scheduling transportation services.

Service includes Phelps, Texas, Howell, Crawford, Dent, Shannon, Oregon, Washington, Iron, Reynolds, Carter, Saint Francois, Madison, Wayne, Butler, Stoddard, Pemiscot, Bollinger, New Madrid, Perry, and Sainte Genevieve counties.

Non-Emergency Medical Transportation

If you are a participant in the MO HealthNet or MO HealthNet Managed Care programs, you may be eligible for Non-Emergency Medical Transportation (NEMT) to and from qualified appointments (ex. primary care or dental appointments) if no other options are available. They may also help with travel and gas costs. Please note that not all medical appointments are covered, including certain rehabilitative and treatment services. 911 should be used for emergencies.

For MO HealthNet participants: schedule your ride online at <https://mydss.mo.gov/mhd/transportation>, call the number of your health plan listed on the website, or call 1-866-269-5927. Transportation must be scheduled at least three days in advance in rural counties and two days in advance in urban counties, unless it is urgent.

For MO HealthNet Managed Care participants: call the number on your health plan card to arrange transportation services.

Callers will need a list of information about themselves, their appointment, and their transportation needs. Please see <https://mydss.mo.gov/mhd/nemt-faqs#:~:text=What%20does%20a%20participant%20need,HealthNet%20managed%20care%20ID%20number> for more information, including a full list of scheduling requirements.

Intercity and Cross-Country Travel

In the United States, travel between cities or across the country without a vehicle can be difficult and expensive. However, there are still options if you are unable to drive or fly out of an airport.

Greyhound offers bus rides throughout the United States to many cities and towns. Visit <https://www.greyhound.com/> to see a list of bus schedules and estimated fares for your departure location and destination.

Jefferson Lines offers bus rides to many cities and towns in 15 states, including Missouri. Visit <https://www.jeffersonlines.com/plan-your-trip/schedules/> to see a list of routes, schedules, and estimated fares.

FlixBus is another bus ride service that offers rides throughout the United States. Visit <https://www.flixbus.com/> for a list of routes, schedules, and estimated fares.

Amtrak is a train service that offers long-distance trips to many cities and towns around the country. Visit <https://www.amtrak.com/home.html> for available routes and estimated fares.



Full Links/References (in order of appearance)

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OATS:

<https://www.oatstransit.org/>

SMTS:

<https://ridesmts.org/>

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NEMT:

<https://mydss.mo.gov/mhd/transportation>

and

<https://mydss.mo.gov/mhd/nemt-faqs#:~:text=What%20is%20NEMT?,from%20another%20agency%2C%20if%20available>

Greyhound:

<https://www.greyhound.com/>

Jefferson Lines:

<https://www.jeffersonlines.com/plan-your-trip/schedules/>

FlixBus:

<https://www.flixbus.com/>

Amtrak:

<https://www.amtrak.com/home.html>

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